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117 Doing Nothing Is Doing Something: Primary Care Antidepressant Treatment in the Era of FDA Boxed Warnings

> Benjamin W. Lacy, MD; David A. Baron, DO; Marcia K. Goin, MD; Lawrence S. Gross, MD; Andrew E. Slaby, MD; and Calvin R. Sumner, MD

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134 Acceptability of Fluzone Intradermal Vaccine to Patients and Vaccine Administrators

James E. Foy, DO; Tami Hendriksz, DO; Philip Malouf, MD; and Allison Tobin, OMS III Fluzone Intradermal vaccine uses a microinjection device with a 1.5-mm, 30-gauge needle. In this survey-based study, the authors compared the intradermal and the intramuscular methods of influenza vaccination in terms of patient preference, preinjection anxiety, postinjection pain, and vaccine selection in future years.

144 Sleep Trends of Active-Duty Service Members Referred for Psychiatric Care: A Descriptive Study

> R. Gregory Lande, DO Cynthia Gragnani, PhD

Military service members have unique experiences that may contribute to sleep problems. The authors administered a detailed sleep log and various sleep-related survey tools to participating service members to characterize common sleep habits and complaints in this patient population.

CLINICAL PRACTICE

152 Insulin Therapy in Type 2
Diabetes Mellitus: A Practical
Approach for Primary Care
Physicians and Other
Health Care Professionals

James R. LaSalle, DO Rachele Berria, MD, PhD

The responsibility of diabetes management and insulin therapy has moved from endocrinologists to primary care physicians. The authors discuss how simplified insulin initiation and titration regimens allow primary care physicians and other health care professionals to best care for patients with type 2 diabetes mellitus.

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An Osteopathic Publication

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Aditya Vora, OMS IV;
Nathan Maltezos, OMS IV;
Lauren Alfonzo, BA; Nilda
Hernandez, AA; Erica Calix;
and M. Isabel Fernandez, PhD
The authors explored the association
between scoring at least 600 on the
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